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**Task 05**

**Data Types in SQL:**

Data types in SQL are used to specify the type of data that can be stored in a column of a table. Some common data types in SQL include integer, decimal, char, varchar, date, and boolean. Here are a few examples:

**INTEGER:** Used to store whole numbers, such as 1, 2, 3, etc.

**VARCHAR:** Used to store text data of variable length, such as names, addresses, etc.

**DATE:** Used to store dates, such as 2021-09-30.

**SQL Constraints:**

SQL constraints are used to specify rules for the data in a table. Some common constraints in SQL include not null, unique, default, and check constraints. Primary key and referential integrity or foreign key constraints are also commonly used.